

If you think you might be infected...



Phone

**Nearby Medical
Institution**

Checkup

If you can't wait
for your nearby
medical institution

Phone

**Consultation Center
0574-25-3111**

Referral

**Participating Medical
Institution**

Checkup

Kuroiwa Internal & Pediatric Clinic
Ota Medical Clinic
Ota Hospital
Minokamo Nishi Clinic
Horibe Clinic
Kizawa Memorial Hospital
Nishida Clinic
Hayashi Clinic
Yasuda Internal Medicine Clinic

When you get your test results...

Negative

Inform your workplace, school, or daycare of your negative result.

【If you are a close contact】

- Those who were tested must follow the Health Center's instructions, and normally must quarantine for 2 weeks at home.
- People that live with you should follow the Health Center's instructions, and normally are OK to return to their normal life patterns.

【If you were not a close contact】

- Those who were tested and their family must follow the Health Center's instructions, and normally are okay to return to their normal life from the following day.

Positive

You must inform your workplace, school, or daycare of your positive result.

- Those who tested positive must follow the directions of the Health Center, and normally are placed in hospital or quarantined.
- People that live with you become close contacts, and so must follow the directions of the Health Center, normally taking a PCR test.
- The families' workplaces, schools, or daycares must be informed of the fact that they will be getting tested.

Keep yourself safe!

Even with the coronavirus variants, the anti-infection measures are the same!

Don't meet or have barbecues with people that don't live with you!



Wear a mask!



Wash & Sterilize your hands!



Avoid the 3 Cs!